



Create days worth remembering.

The Adult Day Program at The Journey Club

WELCOME

Experience the first private adult day program in Calgary.

A new way of life is yours to enjoy at the Journey Club. Where people with dementia can find community, new passions, and new purpose. And caregivers can find comfort knowing their loved ones are in the very best hands.

ACTIVITIES

Bring something special to their days.

Individual wellbeing is always the first consideration at The Club. People living with dementia can connect with new friends and stay active together – engaging in new hobbies, games and recreation.

The curated selection of activities is open to all day program members, along with dedicated social space designed to elevate everyone's comfort. Plus, attentive recreational aides ensure the unique needs of each member are met – from food preferences to personal interests.

Please get in touch to begin your Journey Club visit.

Director of Sales
Phone: (403) 313-5382
Email: sales@thejourneyclub.ca

For more information, visit
TheJourneyClub.ca

PROGRAMMING

Energized all day, every day.

You can visit The Club in the morning, afternoon, or all day, 7 days a week. Meals are served in the morning and afternoon, including snacks and refreshments throughout the day. Assistance during mealtime is part of the elevated experience, plus mobility assistance and medication reminders.

Whether the person living with dementia in your life is a fan of playing chess or getting active outdoors, they'll find the fun they crave to keep their healthy, active lifestyle going.

Programming at The Club is designed to engage the physical, mental, emotional and social needs of people living with dementia. Our recreational aides are trained to find the activities best suited to each member. And as their interests and needs change, so will their programming options.

LOCATION

Make Westman Village yours.

Situated on the edge of Lake Mahogany, enjoy what Westman Village has to offer. You can utilize the dedicated space customized for unique adult day programming.

Explore the more than 43 kms of walking trails connected to the property, along with 20 hand-selected retailers including a pharmacy and quality food options, too.